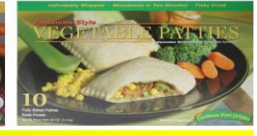
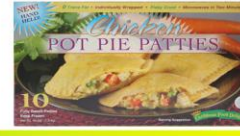




AFFILIATE OF ROYAL CARIBBEAN BAKERY



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## PRODUCT SPECIFICATIONS

### **JAMAICAN STYLE VEGETABLE PATTIES**

Empanadas de Vegetales (Vegetable Turnovers)

#### **Description:**

Jamaican Style Vegetable Patties are vegetable turnovers made with a whole wheat crust and filled with a blend of seasoned hearty vegetables.

Available in 50 Baked, 50 Unbaked, 12/1 Packs (Baked-Ind. Wrapped), 12/2 Packs (Baked-Ind. Wrapped), 12/10 Packs (Baked-Ind. Wrapped)

#### **CN Equivalency Statement:**

Jamaican Style Vegetable Patties are not a CN approved product. However, each 5.0 oz Jamaican Style Vegetable Patties provides 2.25 servings of bread alternate and ½ cup serving of vegetable for the Child Nutrition Meal Pattern Requirements.

#### **Ingredients:**

**Filling:** Cabbage, Carrots, Broccoli, Corn, Celery, Onions, Modified Food Starch, Margarine (Palm Oil, Water, Salt, Mono and Diglycerides, Artificial Flavor, Colored with Annatto, Calcium Disodium EDTA added as a preservative, Vitamin A Palmitate added), Seasoning [Soup Base (Dextrose, Salt, Corn Starch, Hydrolyzed Vegetable Protein (Soybean), Natural Flavors, Onion, Spice Blend, Garlic, Caramel Color, Palm Oil), Salt, Sugar, Flavoring, Disodium Inosinate and Disodium Guanylate], Hot Peppers and Thyme.

**Crust:** Enriched Unbleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Whole Wheat Flour, Sugar, Salt.

#### **Allergens:**

**Contains:** Wheat, Soy.

LAST REVIEWED: 26 May 2017



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## PRODUCT SPECIFICATIONS

# JAMAICAN STYLE VEGETABLE PATTIES

Empanadas de Vegetales (Vegetable Turnovers)

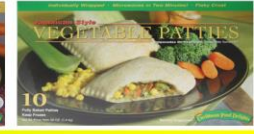
## NUTRITIONAL DATA:

<b>Nutrition Facts</b>	
50 servings per container	
<b>Serving size</b>	<b>1 turnover (142g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>310</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 6g	<b>30%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 440mg	<b>19%</b>
<b>Total Carbohydrate</b> 40g	<b>15%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 5g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 130mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

NUTRITIONAL COA DATE: 12 MAY 2017



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## PRODUCT SPECIFICATIONS

### **JAMAICAN STYLE VEGETABLE PATTIES**

Empanadas de Vegetales (Vegetable Turnovers)  
(UNBAKED)

#### **BAKING INSTRUCTIONS:**

Preheat oven to 400°F. Remove frozen patties from container. Place frozen patties on baking sheet with liner. If liner is not available, spray baking sheet with non-stick vegetable oil. Bake patties until crust is light brown and firm to touch and internal temperature reaches 165°F.

**Convection Oven:** 20-25 minutes

**Conventional Oven:** 25-30 minutes

**CAUTION:** Patties will be extremely hot. Allow product to stand for 5 minutes before serving.

**IMPORTANT:** Do not microwave! For best results, do not thaw prior to baking. Baking times and temperatures may vary due to differences in oven performance.



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## PRODUCT SPECIFICATIONS

### **JAMAICAN STYLE VEGETABLE PATTIES**

Empanadas de Vegetales (Vegetable Turnovers)  
(BAKED-INDIVIDUALLY WRAPPED)

#### **MICROWAVE HEATING:**

1. Remove frozen package from box.
2. Tear open package along dotted line for ventilation.
3. Microwave on High: (1 serving)  
**1100 Watt Oven:** 2 minutes

When heating 2 servings, increase time by 1 minute.  
For firmer crust, place patty in oven for 2-3 minutes at 400°F.

4. Remove package from microwave and tear open.

**CAUTION:** Package and product will be hot. Allow product to stand for 5 minutes before serving.

**OVEN DIRECTIONS (RECOMMENDED):** Preheat oven to 400°F. Remove patty from pouch and heat on baking sheet until internal temperature reaches 165°F.

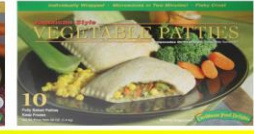
**Convection Oven:** 15-20 minutes

**Conventional Oven:** 20-25 minutes

**IMPORTANT:** For best results, reheat in recommended oven. Do not thaw patty prior to reheating. Heating times and temperatures may vary due to differences in oven performance.



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## PRODUCT SPECIFICATIONS

### **JAMAICAN STYLE VEGETABLE PATTIES**

Empanadas de Vegetales (Vegetable Turnovers)  
(BAKED)

#### **HEATING INSTRUCTIONS:**

Preheat oven to 400°F. Place patties on baking sheet and reheat until internal temperature reaches 165°F.

**Convection Oven:** 15-20 minutes

**Conventional Oven:** 20-25 minutes

**CAUTION:** Product will be extremely hot. Allow product to stand for 5 minutes before serving.

**IMPORTANT:** For best results, do not thaw patty prior to reheating in oven. Heating times and temperatures may vary due to differences in oven performance.